

Hip Injuries

People of all ages experience hip injuries, although there is much greater risk for those children and young adults who play sports. Hip injuries are also found in senior citizens, who are prone to falling due to decreased bone density and joint elasticity, or even osteoporosis.

Dr. Dougherty is one of the nation's leading arthroscopic hip surgeons. He has worked closely with the medical device industry to develop new implants and procedures for the treatment of hip conditions and injuries.

Common Injuries:

- Hip Bursitis
- Inflammatory Arthritis of the Hip (Synovitis)
- Osteoarthritis of the Hip
- Osteonecrosis of the Hip
- Bone Spurs
- Hip fractures
- Strains
- Snapping Hip Syndrome

Did you know:

That a click or sharp, shooting pain in the hip experienced while walking may be a sign of a condition called snapping hip?

Most common in girls, this condition frequently goes untreated for very long periods of time, but can be painful when aggravated by injury. It is caused when the movement of tendons over the bones of the hip is temporarily stopped or slowed by contact with the bone, creating a snapping sensation. It is most common in young athletes, especially girls, and is not noticeable in x-rays. If you or your child experience a snapping sensation in the hip during

motion and x-rays are negative, it is best to be checked for snapping hip syndrome.

Procedures Dr. Dougherty performs:

- Arthroscopy of the hip – diagnostic
- Arthroscopic Impingement resection
- Arthroscopic labral debridement & repair
- Arthroscopic synovectomy
- Arthroscopic capsule release
- Arthroscopic loose body removal
- Arthroscopic articular cartilage repair
- Arthroscopic articular cartilage debridement
- Arthroscopic treatment of trochanteric bursitis