

# Knee Injuries

Dr. Dougherty is a clinical investigator for cartilage transplant research, and has been at the forefront of developing new and better procedures for the repair of knee injuries.

## Common knee injuries:

- ACL Tear
- Meniscus Tear
- PCL Tear
- Kneecap Instability
- Cartilage Injuries, Including Loose or Worn Cartilage
- Patellar Bursitis

**Did you know...** Double Bundle ACL surgery is more effective at returning the knee to its normal range of motion than traditional knee repair approaches?

Dr. Dougherty uses this unique and approach to get the best results for his patients, and to reduce cost and the risk of complications. His patent-pending Double Bundle ACL and PCL tear treatments help restore your knee's function as close to its pre-injury state as currently possible.

**Did you know...** Women have been shown to be more prone to ACL injuries? Female athletes should be especially diligent about performing exercises that strengthen the knee.

## **Procedures Dr. Dougherty performs:**

- Arthroscopy of the knee
- All Arthroscopic Anterior Cruciate ligament reconstruction double bundle
- All Arthroscopic Posterior Cruciate ligament double reconstruction – double bundle
- Complex ligament reconstructions of the medial and lateral sides of the knee
- Meniscal repair
- Meniscal Transplantation
- High Tibial Osteotomy for joint leveling in arthritis
- Articular Cartilage repair and transplantation